Elite Medical Supply – ROMPS

The Gladiator ROMPS lends support and for patients with knee pain. The appropriate brace has been determined by your health care professional. Please take the brace with you to the hospital if you have been scheduled for surgery.

FITTING INSTRUCTIONS:

- Sit on the edge of a chair with preferably no clothing covering your knee and the areas of leg directly above and below the knee.
- Bend your knee to approximately +/- 75 degrees of flexion.
- Open the strapping system.
- Slide brace on.
- Place the brace on your knee so that the center pressure pads surround the patella.
- Make sure that the brace is not twisted on the knee.
- Close the three straps by pulling on both parts of the fasteners of each strap set at the same time. Start with the middle set, then bottom, and finally top.
- Make sure all straps are comfortably tight.

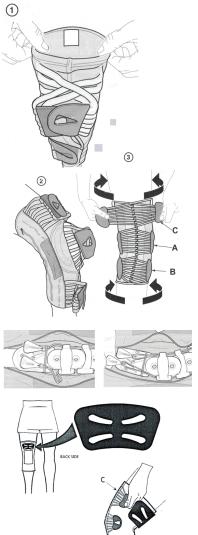
ADDITIONAL INFORMATION:

- The brace should be worn directly on the skin
- This support should be snug but not impair circulation.
- Should there be any rash developed, discontinue use and seek medical advise.
- Clean the brace by hand washing it with a mild soap and then allow to air dry.
- Warranty: Free repair or replacement for manufacturer's defects within 90 days of the date fitted.

I fully understand the above instructions.	
Signature	Date
ELITE MEDICAL SUPPLY OF NY	

ELITE MEDICAL SUPPLY OF NY 1900 RIDGE ROAD WEST SENECA, NY 14224 TOLL FREE (866)712-0881 BUFFALO LOCAL (716)712-0881 FITTING INSTRUCTIONS

The ROMPS is designed to stabilize the motion of the knee joint, keeping it aligned during flexion and extension movements. The ROMPS is constructed entirely from breathable materials, the inner layer is made from anti-bacterial and hypoallergenic fabric. Its complex structure, equipped with patella stabilizer, offers comfortable containment of the patellar compartment, useful in cases of associated conditions (medial or lateral ligaments, anterior or posterior cruciate ligament and patellar instability). Two patented, multicentric, adjustable aluminum rods are included to control flexion and extension quickly and easily. The rods are equipped with bearings supporting the condyles, rigid tibial and femoral supports to control rotation.



INDICATIONS

- · Patellar Chondropathy (Osteochondral repairs)
- Retropatellar Osteoarthritis
- Post-operative and post-traumatic injuries including rehabilitation of: MCL, LCL, PCL, and ACL (Sprains, Meniscus injuries, Lateral, Anterior, Medial, and Posterior tilt, etc.)
- Patella and knee instabilities (Patella Dislocation, Patella Subluxation, Patella Alta, Patella stabilization, Patella tendon repairs)
- General knee pain
- Mild Chondromalacia
- Condylar Fractures
- Tibial Plateau Fractures

INSTRUCTIONS

- 1 Open the strapping system
- 2 Carefully pull the brace up injured leg (keeping the label on the top). Position in such a way that the "C" pressure pads surrounds the patella.
- 3 Close the three (3) straps by pulling on both parts of the fasteners of each strap set at the same time, in the following order; (A) Middle, (B) Bottom, (C) Top.
- 4 Metal Rod (ROM-Range of Motion) For Rod extension and flexion adjustment, the measurements must be indicated by the attending healthcare professional.

INSTRUCTIONS FOR THE RECTANGULAR PANEL

- Apply the enclosed rectangular panel to the back of the thigh (see image), the rectangular panel should conform to the shape of the thigh.
- After applying the rectangular panel, tighten the straps using the technique shown in the instructions.

For adjustment:

Open the side zippers to reveal the rigid internal supports; two (2) colored tags appear, the red for "Flexion and the grey for "Extension". Pull the Flexion tab so that the loop wraps around the hook showing the number of desired degree. Do the same with the Extension tab. Repeat the same operation on the other rod then make sure that both rods have the same adjustments.

SIDE EFFECTS AND CONTRA-INDICATIONS

Assuming that the products are used according to the instructions and given that they are non-invasive, there are no side effects affecting the organism as a whole. All brace and supports, if overly tight, can cause discomfort due to compression. Notify your healthcare professional if you observe any change in your general state. During a prolonged period of inactivity, it is recommended to reduce the tension on your device until you resume normal activities where you will reset the tension to the original level recommended to you by your healthcare professional.

MAINTENANCE AND CARE

- · Wash gently with lukewarm water (machine or hand wash).
- · Do not use any substances containing chlorine.
- · Dry at a low setting.
- Washing does not damage the product and it actually restores the elasticity

This product is not biodegradable. AT THE END OF ITS USABLE LIFE, DISCARD ALONG WITH YOUR NORMAL WASTE.

WARRANTY: The warranty on the Gladiator™ is free repair or replacement for manufacturer's defects within 90 days of the date fitted.