Comfortland SI-100

BEFORE USING THIS DEVICE, PLEASE READ THE FOLLOWING INSTRUCTIONS COMPLETELY AND CAREFULLY. CORRECT APPLICATION IS VITAL TO THE PROPER FUNCTIONING OF THIS DEVICE.

INDICATIONS

The Comfortland SI-100 is ideal for those suffering from piriformis syndrome, low back pain, as well as hip, pelvic, and upper leg pain. Effective in providing support and compression for the SI junction, thus reducing pain.

CAUTION

The application instructions listed above are intended for the use of qualified professionals only. It is not recommended for patients to attempt to apply or adjust this device unless otherwise instructed to do so by an orthopedic professional. Any questions regarding further adjustment or frequency/ duration of wear should be directed to your orthopedic professional, as they know the individual condition for which this device was prescribed.

APPLICATION

- 1. Begin by unfastening the main closure strap from the metal buckle. Place the belt around your waist so that the buckle is positioned in the front. Feed the closure strap back through the metal buckle. (Fig. A)
- 2. Fasten the closure strap using the velcro provided. Make sure that seam on the back of the belt is centered, and that the belt fits snug. (Fig. B)
- 3. Detach the compression straps located on the side of the belt and simultaneously pull both straps away from your body to acheive compresion. (Fig. C)
- 4. Fasten the compression straps to the velcro on the inside of the belt and adjust, loosening or tightening the straps until the desired level of compression is acheived. (Fig. D)









CLEANING INSTRUCTIONS

Remove all panels before cleaning. Hand wash with warm water and mild soap and rinse well; making sure to remove all soap residue, as it can cause skin irritation as well as deterioration of the orthosis. Air dry. Do not expose to direct heat or sunlight while drying to prevent shrinkage and damage of the ENDEAVOR.

NOTICE: While every effort has been made to obtain maximum strength, function, and durability, there is no guarantee that injury will be prevented through the use of this device.