Delta 455X TLSO

BEFORE USING THIS DEVICE, PLEASE READ THE FOLLOWING INSTRUCTIONS COMPLETELY AND CAREFULLY. CORRECT APPLICATION IS VITAL TO THE PROPER FUNCTIONING OF THIS DEVICE.

INDICATIONS

The Delta 455X TLSO/DL-455X brace provides stability and support for chronic sprains and strains of the thoracic spine, spinal stenosis, and post-surgery support. Effective in providing compression and support to the thoracic and lower spine, helping to prevent further injury.

PREPARATION

Sizing

1. The Delta 455X TLSO is a "one size fits all" brace, and comes set standard at size large. To adjust to a smaller or larger size, detach both sides of the belt from the posterior panel, fold or cut the belt to the desired size tab, and re-attach to the posterior panel via the Velcro provided. (Fig. A)

APPLICATION

- 1. Attach the left closure to the left side of the front panel. Attach the left side of the shoulder strap to the sternal panel. Place your left arm into the DL-455X as if you were putting on a backpack. (Fig. B)
- 2. Attach the right closure to the front panel and adjust so that the front panel is centered over your abdomen and the curve of the back panel is aligned with the small of your back. (Fig. C)
- 3. Detach the compression straps using the thumb loops and simultaneously pull the straps away from your body. While keeping tension, attach the left compression strap to the front center of the brace followed by the right. (Fig. D)
- 4. Attach the right shoulder strap to the sternal panel. Make sure the straps sit comfortably on your shoulders. Simultaneously pull both shoulder straps to adjust the tension. Make sure the DL-455X fits snug without discomfort. (Fig. E) For optimum compression, lay on a flat surface with your knees bent and feet flat on the floor. Re-adjust the side closure, compression, and shoulder straps in this position.











NOTICE: While every effort has been made to obtain maximum strength, function, and durability, there is no guarantee that injury will be prevented through the use of this device.

CLEANING INSTRUCTIONS

Hand wash using cold water and mild detergent. Air dry. Do not dry clean, iron, or bleach any part of this brace, as it could cause damage and void the manufacturer's warranty.