# Premium Cam Walker

BEFORE USING THIS DEVICE, PLEASE READ THE FOLLOWING INSTRUCTIONS COMPLETELY AND CAREFULLY. CORRECT APPLICATION IS VITAL TO THE PROPER FUNCTIONING OF THIS DEVICE.

# **INDICATIONS**

The Premium cam walker provides stability and support for soft tissue injuries, grade II and III sprains, and stable fractures.

### **CAUTION**

The application instructions listed above are intended for the use of qualified professionals only. It is not recommended for patients to attempt to apply or adjust this device unless otherwise instructed to do so by an orthopedic professional. Any questions regarding further adjustment or frequency/ duration of wear should be directed to your orthopedic professional, as they know the individual condition for which this device was prescribed.

# **APPLICATION**

- 1. Loosen all closure straps and open the inner lining of the boot. Place your foot in the lining, making sure the heel lines up with the heel of the boot and fasten the liner to a snug fit. The optional foam pads (included) can be used around the foot/ankle area for a better fit. (Fig. A)
- 2. Adjust the angle of the bi-lateral struts in relation to the leg if needed by un-attaching the boot liner from the struts via the Velcro pads. The bi-lateral struts are versatile and can be adjusted to induce plantar and dorsi-flexion as needed. (Fig. B)
- 3. Once the struts have been adjusted, begin fastening the closure straps, starting at the toe of the boot, until a snug fit is achieved. (Fig. C)







#### **CLEANING INSTRUCTIONS**

Remove soft liner from brace and hand wash in cold water with mild detergent. Wipe the remainder of the brace with cold water. Allow all parts to air dry before re-assembly. Do not dry clean, iron, or bleach any part of this brace, as it could cause damage and void the manufacturer's warranty.

NOTICE: While every effort has been made to obtain maximum strength, function, and durability, there is no guarantee that injury will be prevented through the use of this device.