Comfortland
ACL Hinged Knee Brace

BEFORE USING THIS DEVICE, PLEASE READ THE FOLLOWING INSTRUCTIONS COMPLETELY AND CAREFULLY. CORRECT APPLICATION IS VITAL TO THE PROPER FUNCTIONING OF THIS DEVICE.

INDICATIONS

The Comfortland ACL knee brace provides stability and support for sprains and strains of the knee as well as ACL, PCL, MCL, and LCL injuries. Effective in providing optimal support to the knee during rehabilitation in order to prevent further injury.

CAUTION

The application instructions listed above are intended for the use of qualified professionals only. It is not recommended for patients to attempt to apply or adjust this device unless otherwise instructed to do so by an orthopedic professional. Any questions regarding further adjustment or frequency/ duration of wear should be directed to your orthopedic professional, as they know the individual condition for which this device was prescribed.

PREPARATION

1. Lay the brace on a flat surface and loosen all of the closure straps (Fig. A)

APPLICATION

1. Place the brace over the leg as shown. Make sure the range-of-motion (ROM) hinges are centered on each side of the knee (Fig. B)

2. Tighten and secure each support strap, starting from the top of the brace. Make sure that the ROM hinges continue to stay aligned with the knee (Fig. C). Tighten and re-adjust as needed.

3. Adjust the ROM hinge by sliding the drop-lock to the desired degree and releasing to set in place. Do this for both the flexion and extension adjustments (Fig. D).
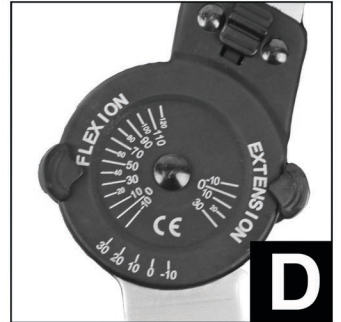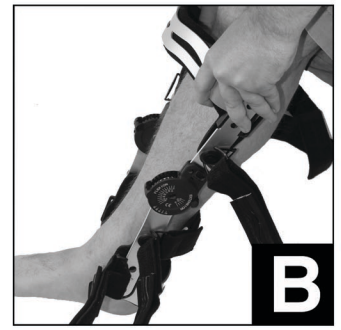
CLEANING INSTRUCTIONS

Remove soft liner from brace and hand wash in cold water with mild detergent. Wipe the remainder of the brace with cold water. Allow all parts to air dry before re-assembly. Do not dry clean, iron, or bleach any part of this brace, as it could cause damage and void the manufacturer's warranty.

NOTICE: While every effort has been made to obtain maximum strength, function, and durability, there is no guarantee that injury will be prevented through the use of this device.